***Diane Fox***

***Autism Specialist Midwife and Neurodevelopment Practitioner***

Diane provides a supportive, nurturing space for you to discuss your concerns and anxieties in a safe and secure professional space.

All sessions are held remotely over zoom. Cameras can be turned on or off, your preference is respected.

**Consultation Packages available:**

***Pregnancy Consultations:***

***Are you autistic and expecting a new arrival? Diane can help support you on your journey to parenthood.***

**Initial Consultation: 1.5hrs (£150)**

To include a chance to discuss your needs in pregnancy and sign post you to resources in a safe, accepting and understanding environment.

**Initial Consultation and Report: 1.5 hours (£345)**

To include conversation to discuss your needs, write up an autism hospital passport for you.

Provide a concise report of your needs that can be used as a communication tool that you can share with health professionals.

**Consultation, Autism Screening and Report: 2 hours (£445)**

Screening for autism, with full consultation of your needs. Includes an autism hospital healthcare passport that you can share with health professionals and a concise report to help support your needs through pregnancy, birth and the postnatal period.

**Further Consultations: 1 hour (£95)**

**Wellbeing Consultation: 1.5 hours (£150)**

Just found out you are autistic or think you might be autistic?

I offer one to one consultations to support you through your autistic journey. Get to know your true self through your autism journey. I will help you develop your self awareness and strategies to help you understand yourself and your relationships.

**Additional Wellbeing Consultation: 1 hour (£95)**

**Next Steps - Signposting and support for families after diagnosis.**

**Family Consultation Session: 1.5 hours (£175)**

Diane can help you explore your autism journey as a family, what autism means to you and how it can affect your family dynamics. Diane can offer advice, support and signpost to further resources.

**Additional Family Consultation Sessions: 1 hour (£150)**

**Antenatal Sessions**

I can provide autistic friendly sessions tailored to your needs. This will involve two sessions including what to expect in birth, labour and the postnatal period.

2 sessions x 1.5 hours

**Fee: £245**

***Professional Consultation for NHS providers, charities and industry:***

I can provide consultation on how to ensure your service is tailored to the needs of autistic service users. I can offer a practical framework to ensure communication is effective with service users and address health inequalities and improve care outcomes.

**Fee: £95 for 1 hour**

**Additional Sessions: £75 an hour**

**Online Teaching Sessions for Universities and Charities and NHS Trusts:**

*Session covers:*

*What is Neurodiversity?*

*Strategies to support neurodiverse service users.*

*Nurture Model of Autism*

Fee: £95 an hour.